

Belleville School District

Page 1

May 1, 2026 thru May 22, 2026 Spreadsheet - Portion Values
Lunch Grades K-8

Apr 28, 2026

	Portion Size	Cals	mg Sodm	IU Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat
Fri - 05/01/2026									
Lunch Grades K-8	Total								
Tacos, Soft Chicken	2 each	498	804	1538	6.09	38.92	35.93	22.16	11.05
Fish Sticks	5 sticks	249	386	125	2.99	17.43	21.16	11.21	1.87
Cornbread muffin	1 each	170	105	0	0.00	3.00	28.00	5.00	1.00
CHEF SALAD W/ Bosco Stick	SALAD	337	818	3211	12.84	25.15	30.45	13.30	6.59
SALAD DRESSING, Assorted	1 TBSP	11	116	43	0.00	0.00	2.64	0.00	0.00
PEANUT BUTTER & JELLY SANDWICH	1 EACH	524	521	0	4.25	16.40	51.17	29.35	5.32
Fiesta Black Beans	1/2 cup	110	470	0	0.00	5.00	20.00	1.00	0.00
APPLES, Fresh	1 EACH	72	1	75	6.35	0.36	19.06	0.23	0.03
MILK - Variety	HALF PINT	125	171	500	1.20	8.01	22.06	0.32	0.20
Weighted Daily Average		747	1289	1782	12.51	45.19	93.20	22.24	9.10
% of Calories						24.2%	49.9%	26.8%	11.0%

Mon - 05/04/2026									
Lunch Grades K-8	Total								
Breaded Chicken sand w/Cheese	sandwich	378	960	375	0.00	28.59	43.51	11.04	2.50
Pulled Pork Sandwich	sandwich	333	657	0	0.00	28.27	26.47	12.13	4.37
Popcorn Chic Salad w/ Bosco St	salad	547	931	3211	12.84	37.84	46.04	23.99	9.22
SALAD DRESSING, Assorted	2 TBSP	22	232	86	0.00	0.00	5.28	0.00	0.00
PEANUT BUTTER & JELLY SANDWICH	1 EACH	524	521	0	4.25	16.40	51.17	29.35	5.32
Mashed Potatoes & Gravy	3/4 CUP	167	123	272	56.27	1.94	24.44	6.11	1.20
PEARS: canned, light syrup	1/2 CUP	71	6	0	0.88	0.24	18.99	0.04	0.00
MILK - Variety	HALF PINT	125	171	500	1.20	8.01	22.06	0.32	0.20
Weighted Daily Average		712	1131	1211	51.30	36.89	97.32	19.88	5.01
% of Calories						20.7%	54.7%	25.1%	6.3%

Tue - 05/05/2026									
Lunch Grades K-8	Total								
STRAW HAT	serving	545	1077	1190	5.14	39.69	36.81	26.63	8.81
TOASTED CHEESE SANDWICH	Sandwich	545	1936	1088	0.00	29.08	25.81	36.38	22.29
Italian salad-Bosco Sti	1 each	358	715	3051	11.38	24.12	29.10	16.64	7.65
SALAD DRESSING, Assorted	2 TBSP	22	232	86	0.00	0.00	5.28	0.00	0.00
PEANUT BUTTER & JELLY SANDWICH	1 EACH	524	521	0	4.25	16.40	51.17	29.35	5.32
Ranchero Beans	1/2 cup	110	490	0	0.00	6.00	20.00	0.50	0.00
Peaches, diced usda comm 16-17	1/2 cup	60	5	0	0.00	0.00	14.00	0.00	0.00
Churros with Apple Filling	1 each	211	115	3	0.33	2.04	35.42	7.04	1.51
MILK - Variety	HALF PINT	125	171	500	1.20	8.01	22.06	0.32	0.20
Weighted Daily Average		1024	1926	1843	6.60	51.60	119.22	37.53	13.47
% of Calories						20.2%	46.6%	33.0%	11.8%

Belleville School District
May 1, 2026 thru May 22, 2026 Spreadsheet - Portion Values
Lunch Grades K-8

Apr 28, 2026

	Portion Size	Cals	mg Sodm	IU Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat
Wed - 05/06/2026									
Lunch Grades K-8	Total								
Toasted Ravioli with sauce	serving of 6	392	981	1096	8.75	14.03	49.03	16.70	3.39
Bosco Stick	1 each	210	270	200	0.00	12.00	26.00	7.00	3.00
HAMBURGER on a BUN	1 each	328	315	61	0.00	16.64	36.37	13.52	4.25
CHEF SALAD W/ Bosco Stick	SALAD	337	818	3211	12.84	25.15	30.45	13.30	6.59
SALAD DRESSING, Assorted	2 TBSP	22	232	86	0.00	0.00	5.28	0.00	0.00
PEANUT BUTTER & JELLY SANDWICH	1 EACH	524	521	0	4.25	16.40	51.17	29.35	5.32
Green Beans Blue lake	3/4 cup	36	435	450	4.91	1.66	5.96	0.01	0.00
Applesauce Unsw Cups-USDA 17-1	1/2 cup	51	2	0	0.00	0.00	14.00	0.00	0.00
MILK - Variety	HALF PINT	125	171	500	1.20	8.01	22.06	0.32	0.20
Weighted Daily Average		704	1462	1932	11.78	31.95	98.31	21.51	6.06
% of Calories						18.1%	55.8%	27.5%	7.7%

Thu - 05/07/2026									
Lunch Grades K-8	Total								
Croissant w/ sausage, egg & chs	1 each	381	851	507	0.00	16.78	32.03	21.99	8.69
Cheesy Fish Sandwich	1 each	339	700	375	0.00	19.38	46.37	9.39	2.40
Italian salad-Bosco Sti	1 each	358	715	3051	11.38	24.12	29.10	16.64	7.65
SALAD DRESSING, Assorted	1 TBSP	11	116	43	0.00	0.00	2.64	0.00	0.00
PEANUT BUTTER & JELLY SANDWICH	1 EACH	524	521	0	4.25	16.40	51.17	29.35	5.32
CARROTS: frozen, boiled	3/4 CUP	41	65	18205	2.52	0.64	8.46	0.74	0.13
Mixed Fruit-Mission Pride	1/2 cup	80	5	200	1.20	1.00	18.00	0.00	0.00
MILK - Variety	HALF PINT	125	171	500	1.20	8.01	22.06	0.32	0.20
Weighted Daily Average		631	1069	18568	5.45	27.65	83.42	21.68	7.95
% of Calories						17.5%	52.8%	30.9%	11.3%

Fri - 05/08/2026									
Lunch Grades K-8	Total								
Bacon Cheeseburger	1 each	426	779	436	0.00	22.82	37.53	21.27	7.97
BBQ CHICKEN SANDWICH	3 OZ	355	677	48	0.57	28.58	36.78	8.53	2.29
CHEF SALAD W/ Bosco Stick	SALAD	337	818	3211	12.84	25.15	30.45	13.30	6.59
SALAD DRESSING, Assorted	1 TBSP	11	116	43	0.00	0.00	2.64	0.00	0.00
PEANUT BUTTER & JELLY SANDWICH	1 EACH	524	521	0	4.25	16.40	51.17	29.35	5.32
BROCCOLI: frozen, boiled	3/4 CUP	39	15	1543	55.34	4.28	7.38	0.17	0.01
Cheese sauce	1 oz	70	214	206	0.05	3.32	2.01	5.43	2.76
ORANGE	1 EACH	62	0	295	69.69	1.23	15.39	0.16	0.01
MILK - Variety	HALF PINT	125	171	500	1.20	8.01	22.06	0.32	0.20
Weighted Daily Average		567	829	2305	108.65	35.52	74.53	14.80	4.59
% of Calories						25.1%	52.6%	23.5%	7.3%

Belleville School District
May 1, 2026 thru May 22, 2026 Spreadsheet - Portion Values
Lunch Grades K-8

Apr 28, 2026

	Portion Size	Cals	mg Sodm	IU Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat
Mon - 05/11/2026									
Lunch Grades K-8	Total								
Cheese Pizza Nardones	slice each	310	470	0	0.00	18.00	29.00	14.00	7.00
Sloppy Joe on Bun	.33 cups	472	950	668	10.18	32.97	46.24	17.98	6.21
Popcorn Chic Salad w/ Bosco St	salad	547	931	3211	12.84	37.84	46.04	23.99	9.22
SALAD DRESSING, Assorted	2 TBSP	22	232	86	0.00	0.00	5.28	0.00	0.00
PEANUT BUTTER & JELLY SANDWICH	1 EACH	524	521	0	4.25	16.40	51.17	29.35	5.32
Green Beans Blue lake	3/4 cup	36	435	450	4.91	1.66	5.96	0.01	0.00
Pears Diced	1/2 cup	84	4	0	2.40	0.00	21.00	0.00	0.00
MILK - Variety	HALF PINT	125	171	500	1.20	8.01	22.06	0.32	0.20
Weighted Daily Average		591	1085	1210	9.59	30.17	78.45	17.25	7.16
% of Calories						20.4%	53.1%	26.3%	10.9%

Tue - 05/12/2026									
Lunch Grades K-8	Total								
Mini Corn Dogs WG Chicken	6 each	180	320	0	0.00	6.00	20.00	8.00	2.50
BBQ RIB SANDWICH	1 each	355	1150	100	1.20	18.00	47.00	12.00	3.50
Italian salad-Bosco Sti	1 each	358	715	3051	11.38	24.12	29.10	16.64	7.65
SALAD DRESSING, Assorted	2 TBSP	22	232	86	0.00	0.00	5.28	0.00	0.00
PEANUT BUTTER & JELLY SANDWICH	1 EACH	524	521	0	4.25	16.40	51.17	29.35	5.32
Baby Carrots	3/4 cup	30	66	11728	7.14	0.54	7.01	0.11	0.02
Apple Juice 4 oz portion	4 oz	1	0	0	0.62	0.00	0.31	0.00	0.00
Welchs Fruit Snacks	bag	130	20	0	0.00	1.00	34.00	0.00	0.00
MILK - Variety	HALF PINT	125	171	500	1.20	8.01	22.06	0.32	0.20
Weighted Daily Average		533	851	11042	10.57	21.18	85.27	13.03	4.19
% of Calories						15.9%	64.0%	22.0%	7.1%

Wed - 05/13/2026									
Lunch Grades K-8	Total								
Mozzarella Sticks	serving (2 ea)	300	480	200	0.00	20.00	30.00	9.00	6.00
PIZZA SAUCE	2 oz	16	407	179	3.49	0.68	3.74	0.13	0.02
Hot & Spicy Chix Sand-Goldkist	1 each	337	638	0	0.00	22.00	38.47	11.00	2.32
PEANUT BUTTER & JELLY SANDWICH	1 EACH	524	521	0	4.25	16.40	51.17	29.35	5.32
CHEF SALAD W/ Bosco Stick	SALAD	337	818	3211	12.84	25.15	30.45	13.30	6.59
SALAD DRESSING, Assorted	2 TBSP	22	232	86	0.00	0.00	5.28	0.00	0.00
PEAS: frozen, boiled	3/4 CUP	94	86	2520	11.88	6.18	17.11	0.32	0.05
Frozen Juice Cup	1 each	90	0	0	60.00	0.00	22.00	0.00	0.00
MILK - Variety	HALF PINT	125	171	500	1.20	8.01	22.06	0.32	0.20

Belleville School District

Page 4

May 1, 2026 thru May 22, 2026 Spreadsheet - Portion Values
Lunch Grades K-8

Apr 28, 2026

	Portion Size	Cals	mg Sodm	IU Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat
Weighted Daily Average		631	848	2835	62.76	34.80	89.88	13.32	6.08
% of Calories						22.0%	56.9%	19.0%	8.7%

Thu - 05/14/2026									
Lunch Grades K-8	Total								
TACOS, TWO SOFT	2 EACH	523	978	1467	6.68	41.19	38.45	22.71	10.32
Grilled Chicken Sandwich	1 each	330	843	0	0.00	20.86	33.12	13.67	2.65
Italian salad-Bosco Sti	1 each	358	715	3051	11.38	24.12	29.10	16.64	7.65
SALAD DRESSING, Assorted	1 TBSP	11	116	43	0.00	0.00	2.64	0.00	0.00
PEANUT BUTTER & JELLY SANDWICH	1 EACH	524	521	0	4.25	16.40	51.17	29.35	5.32
REFRIED BEANS: canned	3/4 CUP	300	593	306	3.60	23.57	33.85	7.78	4.93
Mixed Fruit-Mission Pride	1/2 cup	80	5	200	1.20	1.00	18.00	0.00	0.00
MILK - Variety	HALF PINT	125	171	500	1.20	8.01	22.06	0.32	0.20
Weighted Daily Average		916	1584	2072	10.68	63.17	102.51	27.84	12.77
% of Calories						27.6%	44.7%	27.3%	12.5%

Fri - 05/15/2026									
Lunch Grades K-8	Total								
Pop Chix Pretzel & Chs	svg	465	1063	0	1.20	23.00	53.97	17.47	3.99
Turkey & Cheese on Croissant	1 each	310	815	307	0.00	18.44	31.34	13.60	5.84
CHEF SALAD W/ Bosco Stick	SALAD	337	818	3211	12.84	25.15	30.45	13.30	6.59
SALAD DRESSING, Assorted	1 TBSP	11	116	43	0.00	0.00	2.64	0.00	0.00
PEANUT BUTTER & JELLY SANDWICH	1 EACH	524	521	0	4.25	16.40	51.17	29.35	5.32
BROCCOLI, raw: fresh	1 CUP	30	29	548	78.50	2.48	5.84	0.33	0.03
Peaches, diced usda comm 16-17	1/2 cup	60	5	0	0.00	0.00	14.00	0.00	0.00
MILK - Variety	HALF PINT	125	171	500	1.20	8.01	22.06	0.32	0.20
Weighted Daily Average		621	1141	1032	65.72	30.38	83.90	18.59	4.62
% of Calories						19.6%	54.0%	26.9%	6.7%

Mon - 05/18/2026									
Lunch Grades K-8	Total								
Pepperoni Pizza nardones	1 each	343	595	0	0.05	19.42	29.28	16.82	8.13
Corn Dog-Whole Grain Chicken	1 each	240	470	0	0.00	9.00	30.00	9.00	2.50
Popcorn Chic Salad w/ Bosco St	salad	547	931	3211	12.84	37.84	46.04	23.99	9.22
SALAD DRESSING, Assorted	1 TBSP	11	116	43	0.00	0.00	2.64	0.00	0.00
PEANUT BUTTER & JELLY SANDWICH	1 EACH	524	521	0	4.25	16.40	51.17	29.35	5.32
CARROTS: frozen, boiled	3/4 CUP	41	65	18205	2.52	0.64	8.46	0.74	0.13
Applesauce Unsw Cups-USDA 17-1	1/2 cup	51	2	0	0.00	0.00	14.00	0.00	0.00
MILK - Variety	HALF PINT	125	171	500	1.20	8.01	22.06	0.32	0.20

Belleville School District

Page 5

May 1, 2026 thru May 22, 2026 Spreadsheet - Portion Values
Lunch Grades K-8

Apr 28, 2026

	Portion Size	Cals	mg Sodm	IU Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat
Weighted Daily Average		546	810	16225	4.90	26.22	71.40	18.13	7.11
% of Calories						19.2%	52.3%	29.9%	11.7%

Tue - 05/19/2026									
Lunch Grades K-8	Total								
French toast sticks w/ Sausage	4 pieces	421	666	31	0.00	17.20	36.00	24.48	8.32
Cheese Quesadilla (Gilardi)	1 each	330	830	0	0.00	16.00	40.00	12.00	3.50
Italian salad-Bosco Sti	1 each	358	715	3051	11.38	24.12	29.10	16.64	7.65
SALAD DRESSING, Assorted	1 TBSP	11	116	43	0.00	0.00	2.64	0.00	0.00
PEANUT BUTTER & JELLY SANDWICH	1 EACH	524	521	0	4.25	16.40	51.17	29.35	5.32
Green Beans Blue lake	1/2 cup	24	290	300	3.27	1.10	3.97	0.01	0.00
PEARS: canned, light syrup	1/2 CUP	71	6	0	0.88	0.24	18.99	0.04	0.00
Go-gurt yogurt	tube	45	30	300	0.00	2.00	8.00	0.50	0.00
MILK- Variety	HALF PINT	125	171	500	1.20	8.01	22.06	0.32	0.20
Weighted Daily Average		646	1197	1372	6.43	28.27	87.91	21.02	6.84
% of Calories						17.5%	54.4%	29.3%	9.5%

Wed - 05/20/2026									
Lunch Grades K-8	Total								
Chicken Nuggets, Pierce	6.0 each	216	731	0	0.00	17.97	13.18	10.78	1.20
Bread Stick whole grain 4 inch	1 each	130	320	0	0.00	5.00	25.00	1.00	0.00
BBQ HAMBURGER on a BUN	1 each	350	494	61	0.00	16.64	41.29	13.52	4.57
CHEF SALAD W/ Bosco Stick	SALAD	337	818	3211	12.84	25.15	30.45	13.30	6.59
SALAD DRESSING, Assorted	1 TBSP	11	116	43	0.00	0.00	2.64	0.00	0.00
PEANUT BUTTER & JELLY SANDWICH	1 EACH	524	521	0	4.25	16.40	51.17	29.35	5.32
Mashed Potatoes & Gravy	3/4 CUP	167	123	272	56.27	1.94	24.44	6.11	1.20
APPLES, Fresh	1 EACH	72	1	75	6.35	0.36	19.06	0.23	0.03
MILK - Variety	HALF PINT	125	171	500	1.20	8.01	22.06	0.32	0.20
Weighted Daily Average		675	1070	1063	55.95	29.40	95.63	19.88	4.37
% of Calories						17.4%	56.7%	26.5%	5.8%

Belleville School District

Page 6

May 1, 2026 thru May 22, 2026 Spreadsheet - Portion Values
Lunch Grades K-8

Apr 28, 2026

	Portion Size	Cals	mg Sodm	IU Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat
Thu - 05/21/2026									
Lunch Grades K-8	Total								
Orange Chicken with Fried Rice	serving	285	505	1750	2.40	14.00	46.50	4.75	0.75
HAM & CHEESE SANDWICH	1 each	260	951	136	0.00	16.49	32.35	7.65	3.17
Italian salad-Bosco Stil	1 each	358	715	3051	11.38	24.12	29.10	16.64	7.65
SALAD DRESSING,Assorted	1 TBSP	11	116	43	0.00	0.00	2.64	0.00	0.00
PEANUT BUTTER & JELLY SANDWICH	1 EACH	524	521	0	4.25	16.40	51.17	29.35	5.32
BROCCOLI: frozen, boiled	1 CUP	52	20	2057	73.78	5.70	9.84	0.22	0.02
Pineapple Tidbits US 16-17	1/2 cup	80	0	100	12.00	0.00	22.00	0.00	0.00
Fortune cookie	1 each	35	15	0	0.00	1.00	7.00	0.00	0.00
MILK - Variety	HALF PINT	125	171	500	1.20	8.01	22.06	0.32	0.20
Weighted Daily Average		561	752	3960	80.99	28.11	99.39	7.36	1.76
% of Calories						20.0%	70.8%	11.8%	2.8%

Fri - 05/22/2026									
Lunch Grades K-8	Total								
NACHOS W/Chicken & Chs Sc	serving	300	760	0	0.00	10.00	27.00	16.50	4.75
Fish Sticks	5 sticks	249	386	125	2.99	17.43	21.16	11.21	1.87
Combread muffin	1 each	170	105	0	0.00	3.00	28.00	5.00	1.00
CHEF SALAD W/ Bosco Stick	SALAD	337	818	3211	12.84	25.15	30.45	13.30	6.59
SALAD DRESSING,Assorted	2 TBSP	22	232	86	0.00	0.00	5.28	0.00	0.00
PEANUT BUTTER & JELLY SANDWICH	1 EACH	524	521	0	4.25	16.40	51.17	29.35	5.32
Fiesta Black Beans	3/4 cup	165	705	0	0.00	7.50	30.00	1.50	0.00
Mixed Fruit-Mission Pride	1/2 cup	80	5	200	1.20	1.00	18.00	0.00	0.00
MILK - Variety	HALF PINT	125	171	500	1.20	8.01	22.06	0.32	0.20
Weighted Daily Average		711	1632	1960	7.99	33.40	100.08	19.05	5.87
% of Calories						18.8%	56.3%	24.1%	7.4%